

**priorities – ldd+**

**ground**<sup>3</sup> – **iso** (π,ψ).∞.15.assert – **health**<sup>7</sup> (Δ diet, t<sub>x</sub>) – **place** – share with the receptive – death >>>  **the way** – **realize**-world-beyond – **publish**: site, write, advertise

**notes, plans**

**today**

item	priority activities (menu)	+ / tot	start	activities (today)
<input type="checkbox"/> <b>early am</b>				
<input type="checkbox"/> wake	<b>center 1<sup>st</sup> prn</b> set attitude <sup>7</sup> <b>affirm.dedicate</b> <sup>7</sup>			
<input type="checkbox"/> plan-review	<input checked="" type="checkbox"/> life & day (↓↑)			<b>in-the-world</b> = realization, ground + #1 axiomatic-informal
<input type="checkbox"/> activities	<input type="checkbox"/> nature, times, folders, files <input type="checkbox"/> t <sub>x</sub> <input type="checkbox"/> early breakfast, walk			
<input type="checkbox"/> <b>realize (am)</b>				
<input type="checkbox"/> found <sup>7</sup>	<input type="checkbox"/> twb: experience, reflect, write <sup>7</sup> <input type="checkbox"/> publish   advertise <input type="checkbox"/> later breakfast, walk <input type="checkbox"/> t <sub>x</sub>			<b>site</b> .htaccess, design <sup>7</sup> , <b>ξ axiomatic</b> <sup>7</sup> , <b>informal</b> ?
<input type="checkbox"/> ground	<input type="checkbox"/> security <sup>7</sup> : safety.\$iso.∞.15.place.health <sup>7</sup> <input type="checkbox"/> discipline <sup>7</sup> , home, no dissipation <input type="checkbox"/> review			<b>iso</b> (π,ψ), <b>diet</b> .research, <b>house.room</b>
<input type="checkbox"/> realization (action)	<input type="checkbox"/> yoga <sup>7</sup> physical.experiential <input type="checkbox"/> immerse-share-explore-act-tech: u-p-n-s			
<input type="checkbox"/> review	<input type="checkbox"/> times			
<input type="checkbox"/> <b>day</b>				
<input type="checkbox"/> tasks <sup>7</sup>	<input type="checkbox"/> tasks <input type="checkbox"/> to get <sup>7</sup> <input type="checkbox"/> lunch			<b>tax</b> thu > <b>med</b> .apt > <b>steph</b>
<input type="checkbox"/> exercise	<input type="checkbox"/> 2+ h walk-bike-climb <input type="checkbox"/> + photo essays			
<input type="checkbox"/> <b>pm</b>				
<input type="checkbox"/> plan, prep	<input checked="" type="checkbox"/> review <input type="checkbox"/> print this <input type="checkbox"/> tasks <input type="checkbox"/> shr-dinner			
<input type="checkbox"/> activities	<input type="checkbox"/> the way, share <input type="checkbox"/> ent, news <input type="checkbox"/> files			
<input type="checkbox"/> sleep early	<input type="checkbox"/> night yoga			